

PUT YOUR PEOPLE FIRST: 15 THINGS YOU DIDN'T KNOW ABOUT EMPLOYEE WELLBEING

Small businesses are like families

Your employees aren't just employees – you know about their homelives and hobbies, and care about their wellbeing. But are you always able to show them how much you care?

An employee wellbeing solution can have a huge impact on your workforce, making your people feel healthier, happier, and more valued. And that can make a huge difference to your organisation as a whole.



Not convinced?

Here are **15 stats** about the importance of employee wellbeing that may surprise you.



How healthy are your employees?

Whether it's a chronic illness like heart disease or diabetes, a mental health problem like anxiety, or the accumulation of work stress, over half of all UK employees have a health problem.

25%

of adults in the UK suffer from a diagnosable mental health problem each year. (Mind.org.uk)

35%

of employees are currently coping with a chronic health condition. (University of Cambridge, Mercer ad RAND Europe)

Almost 1/3

of UK employees are so stressed they are considering a change of job. (ADP)

Over half

have taken time off work because of it. (Canada Life Group Insurance)



TO DO LIST #1

Find a benefits scheme that can help you regularly monitor the health of your employees and also provides solutions and services to help them maintain their wellbeing.

Ultimately this will pay dividends with fewer absences, happier employees and greater productivity.

Where's the help?

Help for these problems isn't always easy to come by



In the UK, the average wait time to see a doctor is

2 weeks.

(British Medical Association)

Which means every week,

1 million

people fail to get an appointment. (NHS Information Centre & Department of Health)

But there is a solution



OnDemand GP allows employees to see and speak to a doctor through their smartphone or computer in under

10 minutes.

(videoDoc)

70%

of everyday illnesses can be treated in an OnDemand GP consultation. (videoDoc)

Leading companies are reviewing this method to help redefine the employee experience.



73%

now have an Employee Assistance Programme offering healthcare and financial wellbeing advice. (PersonalGroup)

This is crucial, as financial issues are the cause of most cases of stress.

(Post Crescent)



In fact,

58%

of employees admitted to being affected by financial worries in the last year. (Neyber)



TO DO LIST #2

Despite financial worries being a huge concern, only 1 in 5 companies offer a financial wellbeing portal.

Find an employee benefits scheme that makes financial advice and support a priority.



The benefits of being healthy and happy

Looking after employee wellbeing has benefits for everyone in your organisation, and your organisation as a whole. That's why

70%

of CFOs view workplace wellbeing as a strategic priority. (Deloitte)

On average, employees with good or excellent wellbeing plan to stay with their employer

2 years longer.

(Global O.C. Tanner Institute)

87%

of professionals say wellness policy is important when considering new opportunities.

(Robert Walters)

Firms with high employee wellbeing and engagement delivered stock returns that beat their peers by

2.3 - 3.8%

per year over a 28-year period.

That's

89 - 184%

compounded. (Prof. Alex Edmans, London Business School)



TO DO LIST #3

Find an employee benefits scheme that offers healthcare services like **OnDemand GP**, so your people can stay on top of their health and your business can thrive.

Sage Employee Benefits. Rewarding the Nation.

Healthcare is just one of the many benefits of an employee engagement platform.

With Sage Employee Benefits you can reward and inspire your team, make lives easier and people happier with OnDemand GP, a ride to work scheme, retail discounts and more. See how you, your people and your business could benefit from Sage Employee Benefits.

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